

# Spring Break 2008

## Pre-Health & Health Programs

### Travel to Costa Rica, Nicaragua, Panama, Belize, or Mexico

This team program presents a unique and exciting opportunity for students to experience field clinical work first hand in the challenging context of both 'outback' and urban areas. A letter of recommendation from this program will be a real asset. You may be traveling by 4X4's, motorized river canoes, horseback (optional), bus, cab, and foot. Experience the irony of incredible natural beauty amidst profound poverty – and make a difference!



**March 1-9 • March 8-16**  
**March 15-23 • March 22-30**

Get Field Experience in:  
Medical, Nursing, Dental,  
Optometry, & Pharmacy

Each program includes seminars on:  
**Basic Triage • Tropical Medicine • Medical Spanish**

Circumstances require that teams be flexible, usual rotating assignments for students include:

**Field Clinics, Village Triage, Physical Exams,  
Meds Distribution, Eye Exams, Field Pharmacy,  
& Community Health Surveying**

Mission Service • Adventure Travel  
Academic Credit • Financial Aid

*Teams are accompanied by professional medical staff.*

*Financial Aid* available through GSM sponsorship program to reduce the trip cost.

Check our website for team schedules and costs.

For additional information contact:  
[info@islonline.org](mailto:info@islonline.org)  
(816) 767-0481



## International Service Learning

[www.ISLonline.org](http://www.ISLonline.org)

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# International Service Learning

You'll be trained in your area of interest to provide "house clinics", in-home/on-farm visits to screen for primary problems and make your pre-diagnosis, resulting in a referral from you to come to a village clinic. At the clinic, you will participate, under professional supervision, in intake/exams/diagnosis/treatment plan and the prescribing of the appropriate medications.

## Additional/Optional Areas of Study for Independent Studies

1. **Natural Medicine.** The history/use of natural medicines, collection, and field identification. Opportunity to become involved with local growers and "curanderos".
2. **The Role of Myth, Legend, and Indigenous Beliefs in the Practice of Health Professions.** Practitioners in the "Developed World" are often baffled by the preference local people give healing practices based on indigenous beliefs. Explore "why?"
3. **Medical/Nursing/Dental/Optical/Vet Care Delivery Systems – a Comparison and Contrast.** Compare U.S. system of health services delivery and the host country.
4. **Women's Health Issues.** Cultural traditions often deny women in other cultures full access to medical resources. Explore this issue through interview/study of relevant institutions.
5. **Medical Spanish.** Beginning at any level of expertise, our staff can upgrade students' Spanish/Swahili proficiency as relating to health practices.
6. **The Sky's the Limit!!** Using the expertise and extensive resources of our staff, create your own independent study with a sponsoring professor. Notify ISL in advance.

## What ISL Participants Say...

*"ISL provided me with a unique experience that is hard to come by in the U.S., but yet is one so vital to my development as a physician."* **K.Martin – Wake Forest University**

*"No other experience compares to the ISL trip...not only did I gain knowledge of medical practices, I learned a lot about human compassion...I recommend this trip to anyone."* **Teresa Culley – Med Student**

*"ISL gives you an invaluable first hand learning experience that far surpasses any textbook or lecture. At the same time ISL has planned the trips such that you are also able to enjoy the beauty of the country, by standing under waterfalls, and zip trekking through the forest canopy."* **Kristin Yee – Univ. of Toledo**

*"This trip far surpassed my expectations. It was a wonderful experience that truly showed me how one person can make a difference."* **Seema Patel – UCLA**

Trip cost can be reduced significantly through the GSM sponsorship program. Cost includes all water/land transport, housing, two meals per day, border/security costs, staff accompaniment, translators, supplies and equipment, basic instruction manual, programming, and presentations. Does not include airfare or \$65 application fee.

**Contact: [info@islonline.org](mailto:info@islonline.org) (816) 767-0481**